



COSTA RICA (30+) QUEER TRIP

Dates:

18th April - 30th April 2027 (13 days)

Price

£2,129 (approx \$2,885/€2,477)

Secure your spot with just a **£99 deposit (Approx. \$134/€115)** - Payment plans available

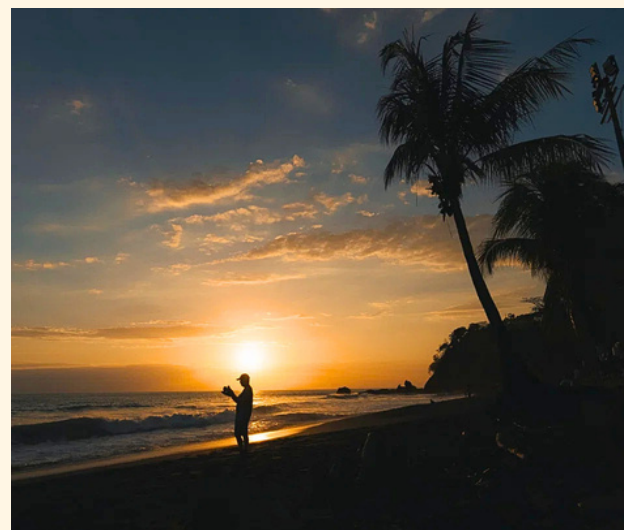
Operator

The trip will be run by @adventure360official, one of the UK's leading independent travel specialists



Trip Highlights

- Best of Costa Rica on this LGBTQ+ Backpackers exclusive
- Dial up the adrenaline, from white-water rafting to hanging bridges
- Go surfing on the Samara coast, Costa Rica's best-kept secret
- Take a night safari walk in the lush Sarapiquí rainforest
- Visit a La Fortuna coffee farm for lunch with a local family



What is Included in the price

- 12 nights' accommodation
- 12 breakfasts, 3 lunches and 1 dinner
- Airport pick-up
- All in-trip transport
- Trip leader
- San José walking tour
- White water rafting
- Local farm visit and lunch
- Hanging bridges trail
- La Fortuna waterfall
- Night jungle
- Surf lesson
- Salsa class
- Butterfly garden visit
- Beach hopping day
- Manuel Antonio National Park visit
- Cacao experience
- Help with onward travel
- 24-hour emergency support



WHATS NOT INCLUDED: FLIGHTS TO/FROM START AND END DESTINATIONS, VISAS, TRAVEL INSURANCE, SOME MEALS DRINKS AND SNACKS, OPTIONAL FREE TIME ACTIVITIES, RETURN AIRPORT TRANSFER

Coming Solo?

Perfect - most people on our trips do! Our trips are **designed to help travellers meet and make new friends**, so whether you're joining alone, with a partner, or alongside friends, you'll quickly feel part of the group.

A **dedicated group leader will be with you throughout the trip**, making sure everyone is mixing, socialising, and having an amazing time together. Adventure360 also **creates a WhatsApp group around a month before departure**, so you can start chatting and breaking the ice before you even arrive.

Several travellers across multiple trips have even ended up **getting matching tattoos together**, and there have been **countless reunions happening all over the world** since - which really says a lot about how close the group becomes by the end of the trip!

Tattoos



Thailand 2025



Philippines 2025



Thailand 2026

Reunions



Amsterdam pride



Brighton pride



Switzerland

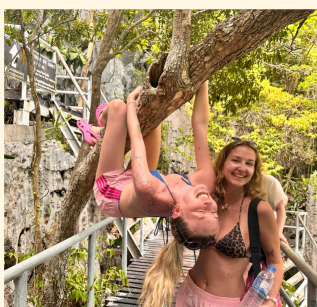
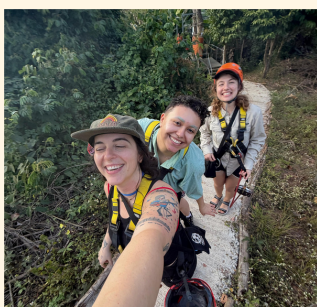


Copenhagen

Who is the trip open to?

This trip is open to **LGBTQ+ backpackers aged 30+ from any country!** Our trips **usually attract queer women, trans, and non-binary people**, but they're open to - and we encourage - **everyone across the LGBTQ+ community to join!**

Our insta gives a good glimpse into the kind of lovely people you can expect to be travelling with! (@lgbtq_backpackers).



Reviews

As our trips are operated by trusted travel partners, we don't collect reviews directly ourselves. However, **the reviews below were left on Adventure360's Reviews.io profile** specifically for our LGBTQ+ Backpackers Trips.

Adventure360, the operator for this trip, is rated 4.8/5 on Reviews.io, and we'd definitely encourage you to check out their reviews!

Daisy ★★★★★

Solo travel is always an exciting yet intimidating prospect and sometimes, as someone who is a part of the LGBTQ community, it can feel more intimidating than exciting. That's why I was so excited to be able to go on a fully queer trip and I have never been so glad that I did. What a fantastic, vibrant and beautiful group of people I got to spend time with, all while discovering a new country. We really got to see the wide variety that Thailand has to offer: from beautiful beaches, expansive jungle and bustling cities. Throughout the trip, the organised experiences gave us the chance to become extremely close as a group and there really was something for everyone. There was also the chance for additional activities such as rock climbing. It is impossible to leave a review for this trip and not mention the incredible Mr Patrick. It's safe to say that we would have been lost without him and that he made this trip the best it could possibly be for all of us. Mr Patrick led us all through the experience with jokes, hugs and anti-sea sickness medications and we never were unsure about our next move. I cannot recommend him more highly as a guide and fully express what a wonderful person he is. Everyone in their life needs a Mr Patrick ❤️ thank you for making such an inclusive and safe trip possible for all of us.

Jen ★★★★★

Wow - what an incredible experience! I haven't got a single bad word to say about this tour and our wonderful, caring and fun guide Patrick! From day one he helped bring our group together ready to see his country not with strangers, but with new friends. This activity packed tour was so well organised: I always felt safe, knew what our plan was and could easily ask for suggestions for our free time. Patrick put so much work into making our time together memorable and worry free, it really wouldn't have been anywhere near as good without him and I am so grateful for him! I couldn't recommend doing a Gap360 tour as part of the LGBTQ+ backpackers group enough! It was so special and I now have a group of queer people from all around the world that I can call family - I will definitely be doing it again!

Anonymous ★★★★★

This trip was so fun! We did so many amazing things and I've met the best people! Our guide Mr. Patrick took so good care of us and made the trip the best it could've been:) I felt so safe as queer the whole time

MJ ★★★★★

I had an incredible time on the LGBTQ Backpackers Thailand trip. Everything was very well organized and planned, and I loved the group activities we did as well as the freedom to go off and explore a bit on my own, which I had a great time doing. I loved the hill trek and the night in the jungle village as well. I do wish we could have spent more time in Bangkok and Chiang Mai, though- it would have been nice to get to explore the city and learn about the culture. As a vegan, I was amazed at how well gap360 accommodated my dietary needs for all of the included meals. I never found myself in a situation where I felt like there wasn't anything I could eat; and often, a separate vegan meal was prepared for me without even having to ask! Our tour guide Mr Patrick was an absolute delight. He did an amazing job and made the trip so fun. He helped us so much on the trip and it wouldn't have been the same without him!

Ella ★★★★★

I had a fantastic 18 days in Thailand, exploring all of this country's beauty. I specially want to shout out our guide, Patrick, for expertly shepherding 22 of us around the whole country and taking us on the most fantastic excursions!

Samantha ★★★★★

What a life changing experience. I had the absolute pleasure joining the LGBTQ+ backpackers trip and had the most heartwarming experience. This was my first time traveling solo which going with Gap360 allowed the comfort of traveling with a group alongside gaining the feel of backpacking. We saw the most beautiful locations with a mix between chilled beach time, adrenaline pumping activities and learning a lot about the culture! Highlights were definitely the elephant sanctuary and the hill village stay. I have come out of this trip with so many beautiful new friends and memories that I will cherish forever. I was very worried about going to Thailand with a peanut allergy but the tour provided safe meals and our amazing tour guide helped every step of the way with communicating and pointing me in the right direction of safe alternatives. We had the absolute delight of Mr Patrick's company on our tour. Patrick was the perfect tour guide for our LGBTQ+ tour. He has a strong knowledge of cultural history and had many suggestions for places/activities for us to do in each location during free time which were always welcomed. Mr Patrick deserves a full five stars. He is such an inspiration and joy to have met! For a diverse group who struggle to sometimes feel safe in different locations, Mr Patrick made us all feel safe every step of the way. Thank you Mr Patrick ❤️

Aisling H ★★★★★

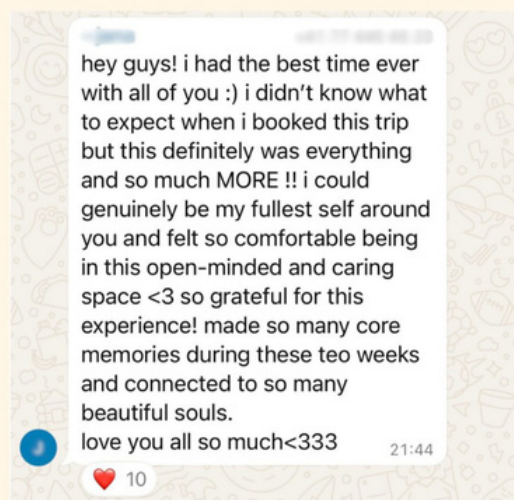
I was very nervous leading up the queer trip to Thailand but once I got there, I felt so at ease. Travelling around Thailand with a beautiful bunch of people was an unforgettable experience. I have made some lifelong friends and will always be grateful for this trip. Mr. Patrick was amazing. He knew everyone's names from the start and joined in on our fun when he was able to. His communication was excellent, we always knew what the plan was and timings etc, he was always there with the anti-sickness tablets too. Mr. Patrick was the perfect person to show a bunch of queers around Thailand. Would do it all again in a heartbeat.

Post-Trip Chat Vibes

We believe there's no better way to get a sense of how incredible the trips are than by taking a sneak peek into the post-trip group chat messages!



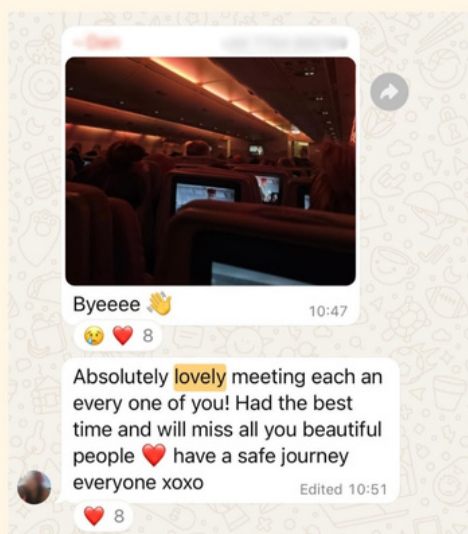
From @saskf



From @jana_o4



From @lifeofrachel_x



From @danncannon



From @hfarris

Itinerary

THE FOLLOWING INFORMATION WAS
PROVIDED BY ADVENTURE360



Day 1 – 3

Day 1: Arrive into San José.

The adventure of a lifetime starts here! Once you've landed at the airport, we'll transfer you to the hotel. Feel free to chill or meet your new friends early before we all meet as a group for the first time tonight. We're calling it early: you'll feel like best mates by the end of this evening!

Day 2: San José to Sarapiquí.

Get to know the iconic sites of San José on our walking tour with a local guide this morning, then say goodbye to the capital as we make our way to the hidden gem of Sarapiquí, famed for its stunning emerald scenery and wildlife biodiversity. Enjoy a stop at the Pierella Ecological Garden along the way, where you can observe the colourful birds, butterflies, frogs and maybe even your first sloth!

Day 3: Sarapiquí.

Nothing brings people together like white-water rafting! Kick this morning off with an adrenaline rush, riding down the river surrounded by jungle views. Lots of twists and turns incoming. Slow down this afternoon by learning how tiny leaf-cutter ants are the lifeblood of Costa Rica's famous rainforests. Discover more wildlife on our night safari walk, keeping our eyes peeled for sleepy and nocturnal animals hiding in the treetops.



Day 4-7

Day 4: La Fortuna.

This morning, we'll visit a local farm outside of La Fortuna and meet the family who have lived here for generations. Enjoy one of the most delicious lunches of your life, featuring harvested fruits and vegetables, plus a cup of home-grown coffee. Then this afternoon is all yours to chill out or keep on exploring La Fortuna with your friends.

Day 5: La Fortuna.

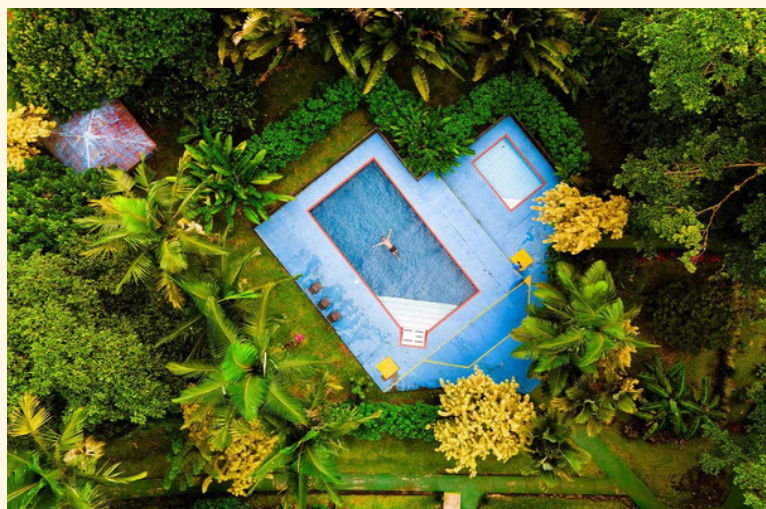
Ready for your next adventure? This morning, we're hiking across La Fortuna's famous hanging bridges. There's no better way to experience Costa Rica's wildlife than up in the air, after all! Keep your eyes peeled for all kinds of creatures, plus if we get lucky, a view of Arenal Volcano. Afterwards, we'll soak in the steamy, mineral-rich waters of the natural hot springs. Can life get any better than this?

Day 6: La Fortuna.

La Fortuna is a tropical paradise, so today we'll explore an incredible waterfall hidden within its rainforest. Enjoy a free afternoon to keep the adrenaline rolling with some optional activities like ziplining or bungee jumping, or kick back by the poolside for some chilled time.

Day 7: Samara.

Settle into Samara, then enjoy an entire day to explore it how you want. Think wide stretches of white sand brushing against the sapphire ocean... It's the definition of paradise. Play beach volleyball with your friends, or ask your group leader what the best local activities are. With views like these, we get it if you'd rather chill all day.



Day 8 – 10

Day 8: Surfing and salsa.

Learn to surf like a pro this morning, then experience the pure magic that the Guanacaste Province has to offer. Between the swaying palm trees, the sun-kissed sand, the bright blue skies and calm waters, the Guanacaste Province is a fantasy come to life. And there's only one way to celebrate... Tonight, we're going salsa dancing!

Day 9: Samara free day.

Today's completely free for you to discover Samara at your own pace. Beyond the lazy beach days, you're spoilt for choice with yoga classes, extra surfing classes, or sea kayaking and snorkelling. Regardless of what you and your friends get up to, there's no denying those incredible views.

Day 10: Esterillos.

Enjoy one final morning unwinding on Samara's heavenly stretches of sand, before we head south for Esterillos after lunch. We'll take a scenic drive as part of our journey, with a sunset view along the way. Song requests are fully welcome!



Day 12 & 13

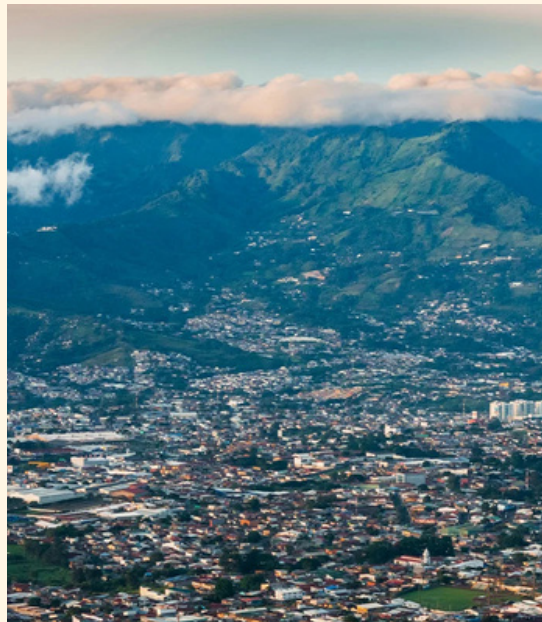
Day 12: San José.

Before arriving in San José, we will stop off for a cacao-making class, where we will discover how chocolate is created from bean to bar. Time has flown by pretty fast, because tonight we've got farewell drinks planned. Our final night will be visiting one of the most famous LGBTQ+ nightclubs in Costa Rica, La Avispa (The Wasp) and Donde Candi, for a drag show.

Day 13: Finish trip in San José.

And just like that, our amazing time together in Costa Rica has come to an end. By now, our group feels like a second family. You're welcome to go at any time, but we have a feeling this isn't the last time we'll be seeing you. Your group leader is happy to help with assistance in arranging return airport transfers or onward travel.

Please note that all activities, inclusions and itineraries are subject to change.



More Info

Arrival Info

Upon arrival at San Jose International Airport (SJO), we'll transfer you to the hotel before meeting the group in the early evening. There is no need to arrive the day before your trip starts; however, you can if you wish to. The pickup will still be offered, and we can help you book pre-trip accommodation for the night. Your trip finishes on the morning of day 13 in San José. Breakfast is included, and travellers can depart at any time. Return airport transfers are not included; however, your trip leader can help arrange this for you.

Accommodation

12 nights' accommodation is included in this trip. You'll stay at an incredible selection of hotels in mostly twin/double rooms, with occasionally triple-share. All rooms come with en-suite bathrooms.

Private rooms are available on request, subject to availability. After reserving your space, please contact Adventure360 to request an upgrade. The upgrade is approximately £700.

All accommodation is subject to change.

Meals

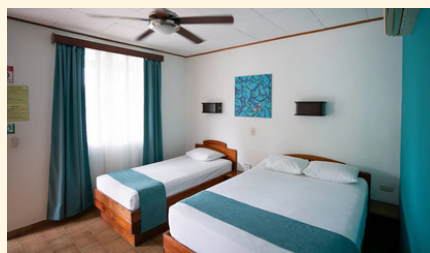
12 breakfasts, 3 lunches and 1 dinner are included for this trip. Experience Costa Rican cuisine, known for its fresh produce, deliciously sweet fruits and filling meals. As one of the most popular destinations in Central America, Costa Rica has lots of cute cafes and even a few speciality restaurants.

Minimum age & eligibility

This trip is exclusively for the LGBTQ+ Backpackers community. This tour is a 30+ tour.

Group Size

Max 18





Interested?

To secure your space you just need to pay a £99 non-refundable deposit (if you're paying via a payment plan) or £299 non-refundable deposit (if you want to pay the rest just 12 weeks before)

As this trip is operated by Adventure360, all terms and conditions are with them.

To book, please visit <https://www.lgbtqbackpackers.com/group-trips>

QUEER COSTA RICA TRIP

